

WHAT'S THE DEAL WITH ALL THESE REQUIREMENTS?

Preparation for Confirmation might be the most misunderstood of all the 7 sacraments. What is required? Why is it required? This sheet is meant to help you understand more clearly each of the components of our Confirmation program.

Archdiocese Guidelines: The Archdiocese calls for 4 different components that work together to prepare us for Confirmation. Below are descriptions of each Archdiocesan component, and then specifically which part of the CTK Confirmation Program coincides with each component.

- (1) **Faith Formation:** This is general, ongoing faith formation that we are called to take part in for the entirety of our existence on the earth as Catholics. If our relationship with Jesus is the most important thing on this earth, we want to delve deeper into that with our heads and our hearts as we go along – no matter what our age! We never stop growing in faith formation, even into our adult life. Prior to receiving a sacrament, we should have two consistent years of faith formation leading up to the sacrament.
 - a. **Catholic School Teens** – This is your religious education you receive at school in 9th & 10th grade
 - b. **Non Catholic School Teens** – These are your Life Teen nights for 9th & 10th grade

- (2) **Free Standing Sacrament Formation:** Similar to how we go through pre-cana/marriage prep prior to the sacrament of marriage in the Catholic Church, (and this is separate from general faith formation), in the same way, there is separate preparation for Confirmation before we receive the sacrament. What is the point in getting confirmed and receiving the Holy Spirit in the sacrament of Confirmation if we have no idea how to tap into it in our lives?
 - a. **Everyone** – This is your retreat, saint reflection, and 3 One:Eight nights

- (3) **Parish Life:** As we get confirmed, we become connected to the body of Christ on a deeper level through the Holy Spirit. This doesn't just mean our relationship with Christ grows, it means that our bond with the Church and other members of the Church is strengthened in a new way. A huge part of Confirmation is not just receiving the Holy Spirit, but also learning to grow in community in our parish as well as learning to give back to our parish.
 - a. **Giving back to our parish:** Year 1 Parish related service project
 - b. **Growing in community in our parish:** Life Teen
 - i. *This is why 4 Life Teens are required for Catholic School teens –not for more faith formation, but to build parish community and strengthen their bonds to the body of Christ specifically in their parish.

- (4) **Service:** Our universal call as Christians is to love—to imitate the love of Christ and the saints with not just our words, but with our hearts and our hands. As we prepare for Confirmation, we begin to learn how to serve those in need as Jesus did.
 - a. **Everyone** – Year 2 Corporal Work of Mercy